



**TOOLBOX TALK: April is Injury Prevention Month**  
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April has been designated "Injury Prevention Month" by the National Safety Council.

Injury prevention is an effort to prevent or reduce the severity of bodily injuries caused by accidents before they occur. Injury prevention is a component of safety and public health and its goal is to improve the health of the population by preventing injuries and improving quality of life.

Serious injury and death affect all of us. Being alert to hazardous situations, combined with good work practices will contribute to a safer, healthier workplace and are key to avoiding injuries and exposures.

Take the time this month to look at your training programs, train and educate employees as needed, Identify workplace risk and hazards, create policies that promote safe work practices, educate employees about injury prevention, maintain and inspect equipment, stock up on essential personal protective equipment, conduct safety meetings.

Facts from the National Safety Council -

- 4.1 million people suffer a workplace injury each year
- 185 people(in the US) die each day from workplace injuries
- Workplace Cost for Injuries/ Deaths: 164.7 billion
- Lost quality of life costs an additional 3,080.1 billion
- Total days lost: 80,000,000
- Cause of most common injury: Falls from one level to another
- Most costly injury: Head/ central nervous system
- Most common part of body injured: Back
- Most common injury for missing work: Being struck by an object

Be proactive.

Businesses spend an estimated 160 billion a year on cost associated with occupational injuries and illnesses.

The best safety and health programs involve every level of the organization, instilling a safety Culture that reduces accidents for workers and which improves the bottom line for the organization.